



22 Mary St.  
Charleston, SC 29403  
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### SPECIAL EVENTS

#### VALENTINES DAY EXCHANGE AND PARTY

Feb 13	Ages	\$2/
4-6pm	5-18	per-
		son

#### BATTLE OF THE BARBERS PUSH- UP CONTEST

Local barbers gather your friends, family, workout buddies or co-workers and join us for a blast of fun as we test your "Push-Up Ability". Teams must have 6 members.

March 28	Ages 13+	Early:
10am-1pm		\$150/
		team

#### SPRING THING

Enjoy games, jump castles, food, and Fun!

April 3	Ages	Free
4-6pm	5-18	

#### NEIGHBORHOOD CLEANING DAY

SCC staff and kids will be cleaning the neighborhood starting at Mary Street and ending on Stuart Street.

Sept. 4	Ages	Free
4-6pm	5-18	

#### HALLOWEEN PARTY AND COSTUME CONTEST

The kids at Shaw will vote on which kid has the best costume for Halloween and top it off with a party after the friendly competition.

October 30	Ages	\$5/
4-6pm	5-18	per-
		son



### FITNESS AND OPEN GYM

#### ADULT FITNESS

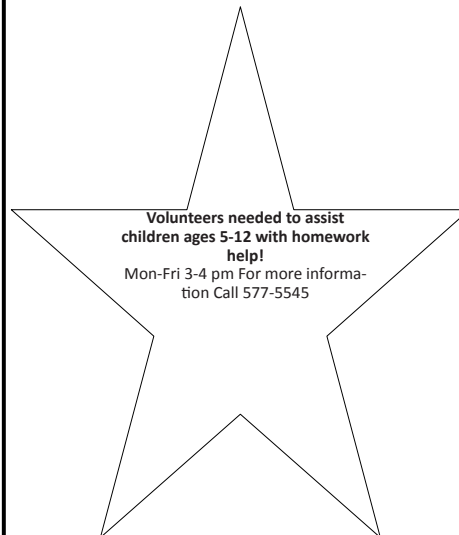
Enjoy worry and stress free fitness with out Fitness Club prices.

Monday- Thursday (except Summer)	Ages	Free
4:30-7:30pm	18+	

#### OPEN GYM AND GAME ROOM HOURS

Stop in at Shaw to shoot hoops in our gym or play foosball, ping pong or play some pool with friends.

Monday-Friday	Free
Ages 5-12: 4-5:30pm	
Ages 13-18: 4:30-7	



### YOUTH/TEEN PROGRAMS

#### CAROLINA STUDIOS/ MUSIC EDUCATION

Through the use of specialized equipment, high-quality microphones in the studios isolation booths, you will be able to edit, produce and burn your own CD. For more information visit [www.carolinastudios.org](http://www.carolinastudios.org).

Monday- Friday	Ages	Free
3-7pm	7-17	

#### HIT THE BOOKS (HOMEWORK ASSISTANCE & TUTORING)

H.I.T The Books is an academic program which offers assistance in Math, Reading, English, Science and Writing. In addition, the program helps to develop strong study skills. Go to [www.r3inc.org](http://www.r3inc.org) for more information.

Monday-Friday	Ages	Free
4pm-5pm	12-18	

#### R 3 INC. KIDS COOK

Kids Cook class promotes fruit & vegetable consumption in children living in our service areas. The curriculum provides kids with positive, fun experiences with food increasing the likelihood that they will try and enjoy those foods. Our goal is to introduce the kids to a variety of fruit and vegetable choices. By working in small groups with an adult, kids have an opportunity to learn important cooking skills and vocabulary. With so many helping hands in each cooking class, kids learn to work together, take turns, and encourage their classmates during the process of preparing delicious food. Please visit [www.ther3inc.org](http://www.ther3inc.org) or call (843) 324-4821 for more information.

Monday-Friday	Ages	Free
4pm-5pm	12-18	

#### HOMEWORK HELP

Free homework assistance from 3pm-4pm each afternoon for children ages 5-12.

Monday-Friday	Ages	Free
3-4pm	5-12	

#### GAME TIME

Join us for an evening of friendly competition as we play classic board games with your family and friends.

3rd Tuesday of the month	All	Free
4-6pm		

#### ARTS AND CRAFTS

Enjoy a night of creativity as you paint, draw, glue and cut to design your latest masterpiece

1st Tuesday of the month	All	Free
4:30-5:30pm		

